

# TEN

things you  
could do today!

**TUSLA**

An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency

- 1 Join in with the mini disco club [dances](#)
- 2 Create a feelings diary [here](#)
- 3 Take a virtual tour of [Áras an Uachtaráin](#)
- 4 Play sensory I Spy and [more](#)
- 5 Have a go at some [mud play](#)
- 6 Listen to audio books from [Audible](#)
- 7 Write, then post a letter and see the [journey](#)
- 8 Listen to songs from [musicals](#)
- 9 Visit The International Museum of Children's Art in [Norway](#)
- 10 Find out who is on the space station, visit [NASA](#)

